



Saturday, 20 September, 2008
Winchester RFC
 (Daniel Morgan Middle School, Winchester, VA)

SCHEDULE:
NLT 09:15 Depart Quantico for Match.
NLT 09:15 Depart Fredericksburg area.
 ≈ **11:00** Arrive at Winchester Medical Center
Rugby Pitch.
11:25 **Boots On** - Warm up/ match preparation.
13:00 Kick off.
 ≈ **15:15** Push for Social

Detailed on back

Take Ramp (RIGHT) onto I-81

Cedar Creek Battlefield
 Meadow Mills
 Claven Ln
 300
 Take Ramp (... onto I-81)

Phone Numbers "JAKE"
C: (240)377-6334

From Fredericksburg

FROM MCB QUANTICO

Summary: 88.7 miles (1 hour, 48 minutes)

Time	Mile	Instruction	For	Toward
9:12	0.0	Depart Barnett Field (North Parking lot)	3.8 mi	
9:23	3.8	Take Ramp (RIGHT) onto I-95	2.6 mi	I-95 / Washington
9:26	6.4	At exit 152 B, take Ramp (RIGHT) onto SR-234 [Dumfries Rd]	22.9 mi	234 / Manassas
10:00	29.3	Take Ramp onto I-66	44.1 mi	
10:42	73.4	At Exit 1B, Take Ramp (RIGHT) onto I-81	13.4 mi	I-81 / Winchester
10:55	86.8	At exit 313, turn RIGHT onto US-50/522/17	0.2 mi	Winchester
10:56	87.0	Keep RIGHT, merge onto Millwood Pike/US-17/50/522	0.6 mi	Millwood Pike/US-17/50/522

ALTERNATE DIRECTIONS from the south. (Fred'burg.)
 Take Rte 29/17/15 north toward Warrenton.
 Stay on the by-pass and follow Rte 17 north toward Winchester.
 Merge onto I-66 West, and continue from Point # 4

Continued on back

Continued from front

Time	Mile	Instruction	For	Toward
10:57	7 87.6	Continue on Millwood Ave, Turn Right onto S. Pleasant Valley Rd.	0.9 mi	
10:59	8 88.5	Turn RIGHT Onto E. Cork St./VA-657	0.1 mi	
10:59	9 88.6	Turn LEFT onto S. Purcell Ave	0.1 mi	
11:00	B 88.7	Arrive 48 S. Purcell Ave., Winchester, VA (Daniel Morgan Middle School)		

