

Saturday, 7 March, 2009
Spring Thaw

(Rosecroft Raceway, Ft. Washington, MD)

SCHEDULE:

- NLT 06:15 Depart Fredericksburg area.
- NLT 06:45 Depart Quantico for Match.
(RP @ Barnett Field North Parking Lot)
- ≈ 07:30 Arrive at **Rosecroft Raceway Rugby Pitch.**
- NLT 08:00 Boots On - Warm up/match prep
- TBD Captain/Coaches mtg.
- 09:00 Kick off. 1st Game.
- TBD Kick off. 2nd Game.
- TBD Kick off. 3rd Game.
- ≈ 16:30 Push for Social at **Hamilton's Bar & Grill**
(233 2nd Street, NW Washington, DC 20001)

Phone Numbers
"JAKE"
C: (240)377-6334



Summary: 36.3 miles (43 minutes)

Time	Mile	Instruction	For	Toward
6:46	0.0	Depart Barnett Field (North Parking lot) on Bordelon St (North-West)	3.8 mi	
6:54	3.8	Take Ramp (RIGHT) onto I-95	18.9 mi	I-95 / Washington
7:12	22.7	Take Ramp (LEFT) onto I-495 [I-495 Outerloop]	12.3 mi	I-95 / I-495 / Baltimore
7:21	31.4	Entering District of Columbia		
7:21	31.5	Entering Maryland		
7:25	35.0	At exit 4A, turn RIGHT onto Ramp	0.2 mi	MD-414 / St Barnabas Rd West / Oxon Hill
7:25	35.2	Keep LEFT to stay on Ramp	98 yds	Raceway
7:25	35.3	Bear RIGHT (South) onto St Barnabas Rd, then immediately turn LEFT (East) onto Brinkley Rd	0.2 mi	
7:26	35.4	Bear RIGHT (South) onto Rosecroft Dr	0.7 mi	
7:28	36.1	Turn LEFT (East) onto Local road(s)	0.2 mi	
7:30	36.3	Arrive Rosecroft Raceway [6336 Rosecroft Dr, Fort Washington MD 20744, (301) 567-4000]		

Detailed above